Left-Hand Star - Right-Hand-Star

Timing

Half: 4, Three Quarter: 6, Full: 8

Starting formation

Facing Couples, Squared Set, Infacing Circle of 8

Dance action

The designated dancers form a star by stepping forward if necessary and placing the appropriate hand in the center of the formation. Forming the star may require a dancer to individually turn in place up to 3/8 of a turn.
Dancers turn the star by walking forward in a circle around the center of the star. The distance travelled may be specified in fractions of a star full around, or until some condition is met (for example, Men Center Left Hand Star, Pick Up Your Partner with an Arm Around, Star Promenade).

Ending formation

Star with an adjustment. Every dancer knows their position on the dance floor depending on how far the star has turned and adjusts their line of sight for the next call.
A back out does not have to be called, but many callers announce it.

Styling

Palm star, Men's outside arms in natural dance position, women's outside hands work skirt.

Comments

The stars as described above consist of 4 dancers.
The dancers are happy to set the stars to music: a star on the right is accompanied by an "Aaaah", a star on the left by an "Ooooh"

Birgit Rudolf Stand: 2026 11 07