Star Promenade

Timing

Half: 6, Three Quarter: 9, Full: 12, Full plus a back out at home: 16

Starting formation

four-dancer star in the center of the set and four dancers around the outside of the set

Dance action

Directed dancers, for example the men, form or are already in a star and turn it. When they encounter the indicated dancer, for example the partner, they become a couple, and promenade while retaining the center star.

Ending formation

Promenade or Wrong Way Promenade with centers forming a star; the dancers will be closer together than usual because of the star and arm around the waist.

Styling

The centers use the same styling as in Right- or Left-Hand Stars. Couples in the star have their adjacent arms around each other's waists. Any women on the outside use their outside hand for skirt work. Any men on the outside have their outside hand on their waists or at their sides.

Birgit Rudolf Stand: 2026 11 07