Right and Left Grand

Timing

10

Starting formation

Right and Left Grand Circle, Eight Chain Thru, Trade By plus the ends Face In

Any of the above in which some or all dancers have stepped to a mini-wave, or any formation in which dancers may conveniently turn up to 90 degrees, so the men face promenade direction, women face wrong way promenade direction, and the formation is now one of the above.

Dance action

If necessary, men turn up to 90 degrees to face promenade direction and women turn up to 90 degrees to face reverse promenade direction. Dancers blend into a circular formation as they Right Pull By, Left Pull By, Right Pull By, Left Pull By.

For blind or severely visually impaired dancers, a small acoustic signal may be required here.

Ending formation

Right and Left Grand Circle

Styling

Hands are involved with alternating pull-by movements, no twirls. Arms should be held in natural dance position, and the handhold position should be released as dancers pass each other. Men particularly should stand tall and resist the temptation to lean over and stretch out their hand to the next person. Just a comfortable extension of the arm and hand is all that is necessary.

Birgit Rudolf Stand: 2026 11 07