Ladies In Men Sashay

Timing

4

Starting formation

Infacing Circle of 8 of alternating men and women

Dance action

From a Circle Left, the ladies step forward and pause while the men continue to move to the left, behind, and past one lady. The ladies now step back and rejoin hands in a circle with the men. From a Circle Right, the men move to the right.

The figure can also be danced as Men In Ladies Sashay. The above must be swapped accordingly.

Ending formation

Infacing Circle of 8

Styling

Men's hands in slightly up position ready to rejoin the women in the circle. Commonly women have both hands on skirt when moving to the center and either momentarily bunch skirts or flip the skirt front up slightly before returning to the circle.

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