Centers In

Timinig

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Starting formation

Completed Double Pass Thru, Eight Chain Thru. More generally, a couple with their backs to the center of the set, with each center facing an outside dancer directly.

Dance action

Without changing the direction of view, the outer dancers move sideways away from each other to make room for the center dancers, who walk forward and end up between the outer dancers.

Ending formation

Variable. From a Completed Double Pass Thru Formation, Lines Facing Out. From an Eight Chain Thru Formation, Inverted Lines with end dancers watching each other.

Styling

When the dancers step out from the center to join the outer dancers, they form an appropriate handhold with them (a “couples handhold” if they are facing the same direction, or “ocean wave styling” if they are facing opposite directions).

Comment

While Centers In seems to create additional space in the center, this space is either reduced or eliminated by the next command or by Square Breathing.

Birgit Rudolf Stand: 2026 11 13