Arm Turns - Left Arm Turn and Right Arm Turn

Timing

Half: 4, Three Quarter: 4 to 6, Full: 6 to 8

Starting formation

Facing Dancers, Mini-Wave

Dance action

Dancers join indicated forearms and walk forward around each other. The amount of turn can be specified as a fraction (for example, Half (180 degrees), Three Quarter (270 degrees), Full (360 degrees) or implicitly by the next call (for example, Turn Partner by the Left; 4 Ladies Chain).

Ending formation

Usually a Mini-wave, or no formation as the dancers prepare to let go of the arm turn and step forward to do the next call.

Styling

Forearm hold

Birgit Rudolf Stand: 2026 11 07