Allemande Left

In its most general form, an Allemande Left is simply an Arm Turn by the left plus a Step Thru as the dancers head towards their next dancer interaction.
While Arm Turns are used for general arm turns, Allemande Left is mostly reserved for an Arm Turn with your corner.
The large number of formations from which an Allemande Left is possible will be described in two cases. The Command Examples, Timing, Styling, and Comments sections apply to both cases.

Case 1:

Timing

half arm turn: 4-6 steps; three quarter arm turn: 6-8 steps; Full arm turn: 8 steps

Starting formation

Eight Chain Thru, Right And Left Grand Circle,

Later: Left-Hand Ocean Waves, Thar, Alamo Ring (men facing in), Trade By plus ends face each other

Dance action

Dancers holding left arms or facing dancers Arm Turn by the left at least 180 degrees until the men are facing promenade direction and the women are facing wrong way promenade direction. Step Thru. This step forward is part of the figure and must always be taken.

Ending formation

Right and Left Grand Circle, men facing promenade direction, women facing wrong way promenade direction. While the dance action of Allemande Left might not cause the dancers to end in this formation, the next call should be given as if this were the ending formation.

Case 2

Timing

Half arm turn: 4-6 steps; Three Quarter arm turn: 6-8 steps; Full arm turn: 8 steps

Starting formation

Squared Set, Infacing Circle of 8,

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Later: Trade By, Left-Hand 3/4 Tag, Facing Lines, Lines Back-To-Back, Inverted Lines with Ends Facing

Dance action

If necessary, dancers individually turn in place up to 90 degrees, so that the men are facing wrong way promenade direction, and the women are facing promenade direction. Continue with the dance action in Case 1.

For the man, the corner is the next lady in the static square when he turns 45 degrees clockwise (Wrong-Way-Promenade direction).
For the lady, it is the next man when she turns 45 degrees counterclockwise (promenade direction).

Ending formation

Right and Left Grand Circle, men facing promenade direction, women facing wrong way promenade direction. While the dance action of Allemande Left might not cause the dancers to end in this formation, the next call should be given as if this were the ending formation.

Styling

Forearm hand position: the left hands are each pushed towards the elbow. The thumb should be placed against the hand, the fingers are closed, and the palm only reaches under the elbow for support.

Comments

The variations in the timings come from adjustments that may be necessary before an Allemande Left (for example, turning to face the corner; walking forward to a left forearm stance).
The command Allemande Left Your Corner is usually used here as a short form for Face Your Corner; Allemande Left.

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