Backtrack

Timing

2, refers to the outward rotation only, otherwise until the next call)

Starting formation

Promenade, Star Promenade, Single File Promenade, Wrong Way Promenade

Dance action

The designated dancers walk in a small 180 degree arc towards the outside of the set.

Ending formation

Various, depending on starting formation and who was designated.

Four dancers designated: Four dancers that did not do the backtrack continue starring or promenading single file in the center of the set and four dancers that did the backtrack will promenade single file in the opposite direction around the outside of the set.

Everyone designated: Single File Promenade

Styling

If necessary, release the handhold. Continue with arms in natural dance position.

Comments

Backtrack requires a forward motion before the Backtrack and a forward motion (in the other direction) after the Backtrack.

Birgit Rudolf Stand: 2025 10 22