

Circle Left - Circle Right

Timing

Various to 16

Starting formation

eight dancer

Squared Set, Infacing Circle of 8

Dance action

The dancers join hands, form a circle, turn slightly to the announced dance direction, and walk forward with their hands clasped. The elbows are slightly bent, and the hands are above the elbows. If the directions left or right are not announced, a circle left is danced.

In a circle in which a lady and a man dance alternately, the ladies' palms face downwards and rest on the upturned palms of the men.

In a same-sex circle, the right palm is up, and the left palm is down.

In a circle in which wheelchair users are dancing along, they decide whether a hand position should be performed. They indicate this by reaching out their hand first or keeping their hand down.

Ending formation

With the stop at home command, the final formation in a normal square is a squared set.